



Contact

September 2022

University Presbyterian Church Newsletter for church members and friends

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Church Staff

Mamie Broadhurst
Co-Pastor
mbroadhurst@upcbr.org

Patti Snyder
Co-Pastor
psnyder@upcbr.org

Caralyn Durham
Office Manager
cdurham@upcbr.org

David Walters
Choir Director
dwalters@upcbr.org

Anne Maverick
Organist
amaverick50@gmail.com

Terry G. Iyasere
Day School Director
upcdayschool@upcbr.org

Robert Gourgues
Custodian
rmgourgues@cox.net

Jerry Trahan
Clerk of Session
upc-clerk@upcbr.org

Jill Clemmons
Moderator of Deacons
jclemm1@lsu.edu



From My Window

A Meaningful Commitment

This year, a new class of confirmands is meeting during the Sunday School hour all year long. It's unlikely that any kid will get there every week (even mine), so as they get started we are asking them to make a "meaningful commitment" to attend. Part of that is to make sure they have enough time listening and discussing the class material to decide whether they want to be confirmed or not, and part of it is to give them enough time together to build community with one another.

But the deal is, a meaningful commitment is not a one-size-fits-all commitment. It might be helpful to talk it over with a friend, but that doesn't mean the answers you give will (or need to) match. Everyone's life and everyone's faith journey is different, and the commitments we are able to make at any given time will reflect that. We're asking our 7th-11th graders to grapple with those ideas right from the start.

The question is a good one for all of us though. What does a meaningful commitment to your faith life look like right now? What is it that you need to do to offer yourself enough time listening and discussing matters of faith so that you feel engaged in your own journey? What part can you take in creating community with one another so that you have an abiding sense of belonging in this place?

Those kinds of questions are always good ones, particularly as our life circumstances change, but they are particularly poignant as we continue returning from the shutdown caused by COVID. Some of us are still not comfortable being back in public space; we want to continue to be in community with you in whatever ways feel safe and fulfilling for you. (Of course, whenever you are ready, we'll be glad to have you in the building too.) Some of us are going out again, but we've gotten out of the habit of church - online or in person - and, as with anything, it is hard to change our patterns. We get it, but we miss you and we'd love to see you!

While all of this relates to Sunday mornings, it's also about a lot more. Our faith is formed in worship but also in service, in education, and in fellowship. It is formed in community. It is formed by following through with a meaningful commitment. So what will yours be? And how can we help?

Bendiciones (Blessings) -

(If you are or have a 7th-11th - grader that wants to join in confirmation, just let us know. We'd love to have them!)

September...

Meetings times/locations are subject to change.

Please check with your group leader for confirmation and information on how to log into Zoom meetings.

- 1 11:00 a.m. "Soul Feast" Small Group - Parks Wilson Room & Zoom
6:00 p.m. TBR meeting on Public Safety - McKinley Alumnae Center
- 4 13th Sunday after Pentecost - Communion**
9:45 a.m. Church School
11:00 a.m. Worship - Sanctuary & Facebook (Live)
- 5 LABOR DAY - Day School & Church Office Closed**
- 6 8:30 a.m. Nurture Committee - Conference Room & Zoom
9:30 a.m. Day Circle - Parks Wilson Room
5:30 p.m. Worship Committee - Zoom
7:00 p.m. UPC Book Group - Zoom
- 7 9:30 a.m. Day School Chapel - Sanctuary
10:00 a.m. Day Circle II - 1545 Patrick Drive
7:00 p.m. Choir Rehearsal - Sanctuary Balcony
- 8 11:00 a.m. "Soul Feast" Small Group - Parks Wilson Room & Zoom
7:30 p.m. New Orleans Gay Men's Chorus Rehearsal - Choir Room
- 9 8:00 p.m. Youth Group Lock-In
- 10 (PARKING) LSU vs. Southern University @ LSU (6:30 p.m. kickoff)
- 11 14th Sunday after Pentecost**
9:45 a.m. Church School
10:30 a.m. Choir Rehearsal - Choir Room
11:00 a.m. Worship - Sanctuary & Facebook (Live)
- 12 10:30 a.m. Staff Meeting - Library
7:00 p.m. Huntington's Disease Support Group - Parks Wilson Room
- 13 7:00 p.m. Mission & Peacemaking Committee - Zoom
7:00 p.m. NAMI - Conference Room & Library
- 14 5:00 p.m. Property Committee - Zoom
7:00 p.m. Choir Rehearsal - Sanctuary Balcony
- 15 7:00 a.m. Interfaith Federation Prayer Breakfast - Catholic Life Center
11:00 a.m. "Soul Feast" Small Group - Parks Wilson Room & Zoom
7:30 p.m. New Orleans Gay Men's Chorus Rehearsal - Choir Room
- 17 (PARKING) LSU vs. Mississippi State @ LSU (5:00 p.m. kickoff)
- 18 15th Sunday after Pentecost - Blood Drive**
8:30 a.m. Blood Drive - Bloodmobile
9:45 a.m. Church School
10:30 a.m. Choir Rehearsal - Choir Room
11:00 a.m. Worship - Sanctuary & Facebook (Live)
1:00 p.m. Stewardship & Finance Committee - Conference Room
4:30 p.m. Youth Group
- 19 10:30 a.m. Staff Meeting - Library
- 20 9:30 a.m. Helping Hands - Conference Room
6:30 p.m. Fellowship Committee - Zoom
- 21 9:30 a.m. Day School Chapel - Sanctuary
5:30 p.m. Personnel & Administration Committee - Zoom
6:30 p.m. Day School Committee - Zoom
7:00 p.m. Choir Rehearsal - Sanctuary Balcony
- 22 11:00 a.m. "Soul Feast" Small Group - Parks Wilson Room & Zoom
7:30 p.m. New Orleans Gay Men's Chorus Rehearsal - Choir Room
- 24 (PARKING) LSU vs. NM Lobos @ LSU (6:30 p.m. kickoff)
- 25 16th Sunday after Pentecost**
9:45 a.m. Church School
10:30 a.m. Choir Rehearsal - Choir Room
11:00 a.m. Worship - Sanctuary & Facebook (Live)
1:00 p.m. Stated Session Meeting - Zoom
- 26 10:30 a.m. Staff Meeting - Library
- 27 6:00 p.m. Don't Cook Night - The Shed, 7477 Burbank Dr.
7:00 p.m. NAMI - Conference Room & Library

Office Notes

•Labor Day Closures

The Day School and Church Office will be closed for Labor Day on Monday, September 5.

•CONTACT Mailing List

Copies of Contact are available at church as well as emailed and posted to the UPC website monthly. If you are currently getting a paper copy mailed to you, and wish to help us reduce our carbon footprint and printing/mailling costs please let the church office know you would like to opt out of mail service. You can still grab a paper copy at the church!



The Federation is excited to announce that our annual Community Prayer Breakfast will be held in person this year!

The breakfast will take place on Thursday, September 15 at 7:00 am at the Catholic Life Center Ballroom (1800 S. Acadian Thruway).

Tickets are \$22 per person. Let Mamie know if cost is all that is stopping you from joining her there!

To reserve seats, call the IFED office (225-267-5600) or <https://form.jotform.com/222303978105049>

The University Presbyterian Church CONTACT is printed monthly. Articles may be submitted via email to cdurham@upcbr.org or turned in to the church office no later than the 20th of each month. To be removed from the mailing list, please contact the church office.

UNIVERSITY PRESBYTERIAN CHURCH

3240 Dalrymple Drive
Baton Rouge, LA 70802
(225)383-0345
(225)383-3495 Fax
www.upcbr.org



The **UPC Book Club** meets the first Tuesday of every month at 7:00 p.m. on Zoom Contact Ellen Morgan for info.

Sept 6 We Came, We Saw, We Left by Charles Whalen

Psalmtember

In 2009 a guy named Jake Parker started a drawing challenge for every day in October and called it "Inktober." Now there are people all over the world taking part through art classes in school or just on their own. Feel free to gear up for that next month, but you're also invited to start getting in the groove this month, in any medium you wish, with Psalmtember.

Marcus Hong, a Presbyterian pastor who works at Louisville Seminary loves to make art inspired by the Psalms, and this year he has created a prompt list to go along with the psalms he selected and issued an invitation for folks to join him. Since there are 150 Psalms and 30 days hath September, in five years he hopes to have some bit of art inspired by every psalm. The "rules" are simple.

1. Read the psalm.
2. Make some art.

If you're game to post what you make online, he'd love to see it (use the hashtag #psalmtember2022) and we would too! You can tag us or even put it up on our Facebook group page.

PSALMTEMBER 2022					
Sep 1	Ps 1	TREES	Sep 16	Ps 16	PATH
Sep 2	Ps 2	HILL	Sep 17	Ps 17	SATISFIED
Sep 3	Ps 3	SHIELD	Sep 18	Ps 18	COVERING
Sep 4	Ps 4	BED	Sep 19	Ps 19	HONEY
Sep 5	Ps 5	BOW	Sep 20	Ps 20	SANCTUARY
Sep 6	Ps 6	TEARS	Sep 21	Ps 21	DESIRE
Sep 7	Ps 7	AWAKE	Sep 22	Ps 22	MOTHER
Sep 8	Ps 8	STARS	Sep 23	Ps 23	OVERFLOWS
Sep 9	Ps 9	RUINS	Sep 24	Ps 24	GATES
Sep 10	Ps 10	HIDE	Sep 25	Ps 25	LIFT
Sep 11	Ps 11	BIRD	Sep 26	Ps 26	WALK
Sep 12	Ps 12	LIPS	Sep 27	Ps 27	SHELTER
Sep 13	Ps 13	LIGHT	Sep 28	Ps 28	CARRY
Sep 14	Ps 14	RESTORES	Sep 29	Ps 29	THUNDERS
Sep 15	Ps 15	ABIDE	Sep 30	Ps 30	MORNING

September...

28 7:00 p.m. Choir Rehearsal - Sanctuary Balcony
 29 11:00 a.m. "Soul Feast" Small Group - Parks Wilson Room & Zoom
 1:00 p.m. Visio Divina - Zoom
 7:30 p.m. New Orleans Gay Men's Chorus Rehearsal - Choir Room

Worship

CHILDREN AND YOUTH BELONG IN WORSHIP!

For years we've offered children "worship bags" to engage them during worship. We still do. They can help occupy when attention spans are short.

Often we include youth and children as scripture readers and sometimes liturgists. We still will. They bring fresh voices and ideas to our gatherings.

This last year we began placing books that go along with themes we are considering in worship at the back of the sanctuary along with the bags. We still will. They can help connect the themes and bible stories to the children's lives.

This fall we are starting a new method of engaging and connecting with the children and youth of UPC at worship while exploring more ways that they can help lead us all in meaningful worship. Beginning on Sunday, September 11, children PreK-6th grade will be invited to join the liturgist and preacher for the day at the communion table. One of the older youth will light a Christ candle (signifying Christ's presence with us during our worship) and they all will hear a bit about the theme of the day and be given two or three words to listen for throughout the service. Then, whenever one of those words is heard during the service the children will be invited to respond in a particular way. (Youth and grown-ups can too!) This ritual will take place as our Call to Worship which will end each week with the children leading us all in responding "Let us worship God!"

At the end of the service one of our younger children will be invited forward to blow out the candle as part of the benediction, thus sending us all into the week with the light of Christ in our hearts.

We hope that these new rituals will enable our children and youth to engage more with the service in ways that are accessible, to reinforce the message that their voices and energy are welcome, and to be that they are important participants in our shared worship!

Let's take one more step in showing our kids that they matter to us and to God!

A NEW LECTIONARY

Starting September 11th we will be using a new set of readings to organize our worship. The Narrative Lectionary is a four-year cycle of readings. On the Sundays from September through May each year the texts follow the sweep of the biblical story, from Creation through the early Christian church. It's a chance to hear some new stories, perhaps in new ways. You can read more about it here <https://www.workingpreacher.org/narrative-faq>.

DON'T COOK NIGHT SEPTEMBER 27



The UPC Society for Allowing the Good Times to Roll (the Fellowship Committee) invites everyone in the congregation to meet us at The Shed Barbeque & Blues Joint on 7477 Burbank Dr. (225 277-7433, <https://theshedbbqbr.com/>) on Tuesday, September 27 at 6:00 p.m.

With any luck, our more athletically inclined friends will give us beach volleyball tips at the Backyard next door. We're looking at you, Bizza...

Faith Formation

Adult Church School 9:45 - 10:45 a.m. Sundays

Parent Discussion Group

Fellowship Hall (*ongoing*)

This fall we kicked off a new laid back discussion group specifically for parents of children and youth. The class discusses the same themes and spiritual practices that preschool and elementary kids will be learning about in their classes, though discussions will be free-flowing. This fall those themes/practices are Follow Jesus, Welcome All, and Confess. This class will circle up in the sanctuary to start the morning and then remain when the children head off to their classrooms. Come give it a try!

Living the Word – Adult Bible Study rotating leaders

Conference Room (*ongoing*)

If you are interested in looking at the Bible stories we will be focusing on during the worship hour, join in this lively discussion group for people of all ages and levels of Bible knowledge. From September 11-October 9 we will talk about God's promises which bring hope.

Parks Wilson Class

Conference Room and on Zoom

Starting Sunday, Sept. 11, the Parks Wilson class will devote three weeks to learning about what the denomination's General Assembly did when it met this past summer. We will be hearing from GA delegates from both the Presbytery and the Synod about issues the GA grappled with.

Small Groups

Soul Feast

Thursdays at 11:00 a.m.

Parks Wilson Room & Zoom (*ongoing*)

Readings from various writers in spirituality.

<https://us02web.zoom.us/j/85357930055?pwd=YU9OTXA3YTd1cmQ4aFVhb004Q1dkdz09> Meeting ID: 853 5793 0055

Passcode: 301709

Visio Divina

Visio will be on hiatus from August 18 – September 22. Please join us when we resume on September 29!

This small group uses a process of lexio divina (a form of meditative listening to a specific biblical text) to fuel reflection and quick art projects in response to the text and professional paintings/art based on them.

Choir Notes

Choir Begins September 7

Choir starts on September 7th at 7:00 p.m. Choir isn't only an important part of our worship services, it's also a great way to connect with an awesome group of people. Rehearsals are every Wednesday at 7:00 p.m. in the balcony and we gather every Sunday at 10:30 a.m. in the choir room. Join us! Contact David Walters (dwalters@upcbr.org) or Ann Maverick (amaverick50@gmail.com) for more information... or just show up!

So how CAN I be involved?

Maybe you have been thinking about your meaningful commitment, and you would like to get involved in something here at UPC, but you aren't sure how. We can help!

There are a lot of ways to support this community and the wider community through the work of the church. There are committees (listed below, with their chair) that help show care to church members, that keep our building and grounds in shape, attend to the littles in our Day School, take part in efforts to make Baton Rouge a more just place to live, and more. Each of those committees also have opportunities for service and care that they coordinate, and they are always glad for help.

If you'd like to know more about anything happening here you can contact a committee chair directly or talk to Mamie or Patti. Soon we'll have a way you can mark your skills and interests in Realm... keep an eye out!

Personnel & Administration - Gaines Foster

Nurture - Diana Reynolds

Stewardship & Finance - Cordell Haymon & Drew Patty

Day School - Kay Lindsey

Worship - Jerry Kennedy

Mission & Peacemaking - Kristen Savicki

Fellowship - Junita Meier

Faith Formation - Meredith Veldman

Property - Dave Launey & Doug Walker

Membership - Lois Kuyper-Rushing

Presbyterian Women - Julie Launey

Mission & Peacemaking

THANK YOU!

Our partner school, Park Medical Academy, thanks UPC for the donation of this cartload of school supplies.



Small Groups

It's that time of year... time for fall small groups to organize! If you are interested in participating please watch your bulletin and email for more information! Typically running from October to Thanksgiving, UPC's fall small groups have gathered around all sorts of topics - poetry, art, bible study, even theology and beer drinking! Perhaps YOU have something you'd like to share or talk with UPCers about? Think about it. Time is short to determine topics, recruit leaders, and get sign ups going so think about it NOW. If you have an idea for a topic (we promise it doesn't necessarily mean you will have to lead the group) please let Jim Wilcox (jimwilcox1@outlook.com) or Patti Snyder (psnyder@upcbr.org) know and we will help get the ball rolling.



The Pastor's Discretionary Account is currently low on funds. Please consider a donation.

Pastor's Discretionary Fund

Do you remember seeing the above image in previous editions of Contact? Have you ever wondered what it is for?

The Pastor's Discretionary Fund is one that allows our Co-Pastors to respond quickly to particular needs of folks within the congregation and in the wider community. In the past money has been used to pay utility bills or rent, to help with an unexpected gap in tuition assistance, as well as other needs that have arisen when making ends meet has been a challenge. The money in this fund does not come from the regular budgeting process but by extra donations for this purpose. We, and all those who have gotten needed assistance, are grateful for your generosity.

Inquirers Class

*Ask And You Shall Receive, Seek And You Shall Find,
Knock And The Door Will Be Opened To You.*

Matthew 7:7

Dates: October 9, 23, 30 and November 6

Time: During Sunday School hour beginning at 9:45 a.m. for one hour

Have you been attending University Presbyterian Church as a visitor? Have you wondered what it means to be a Presbyterian... or to join UPC? Do you want to learn more about UPC and meet other visitors and UPC members? If so, then come join the Inquirers Class!!

The Inquirers Class will meet for four Sundays starting in October. Attendees will hear about Presbyterianism and specifically about University Presbyterian Church. The co-pastors, session members, elders and UPC members will discuss what UPC offers in Mission and Peacemaking, Christian Education, Nurture, Campus Ministry, and Fellowship. During the class we will share our backgrounds, experiences, faith journeys, expectations, and what brought us to UPC. There will be time to get to know each other, to have your questions answered, and to meet with the session should visitors decide to join UPC.

If you are interested in joining this class or would like more information, please contact Mamie (mbroadhurst@upcbr.org)

Spiritual Practice: Remembering and Pronouncing Names Correctly

(adapted from an article by Traci Smith)

Everything is brand new all over again. School has gotten underway with different kids in your classes. Lots of folks have returned to church after a few months (or years!) away. Plus, new people are always joining us (thanks be to God).

Most people forget names until they've known a person for a while. Even then, if you've started out not knowing someone's name, sometimes it can feel embarrassing to ask or "catch up." Church presents special challenges when it comes to knowing and remembering names because we often see each other infrequently, making it tough to get it right at the beginning of the relationship. And yet, this small kindness means so much to others. When someone is saying our name, they are saying "I see you. You belong. I know you. I remember you." If you, like me, would like to deepen your practice of knowing and remembering names, here are some thoughts and ideas to get you started.

Remember How Much it Matters If you think people won't notice that you haven't remembered your name, you might be surprised. It's fairly obvious when someone knows or doesn't know your name. Say to yourself "I like to remember someone's name so they can feel loved and valued." Make a commitment.

Give Yourself Help in Remembering Maybe the person has a unique feature that will give you an association "Gina who wears green glasses." (Maybe problematic if Gina chooses to wear different glasses one week, but you get the idea!) What about "Smiling Steve." I know there are advanced techniques for making name associations, but I usually keep them simple.

Write it Down That way, if it slides out of your short-term memory, you can go back to focus on it.

Be mindful of how to pronounce names from cultures that are different than your own — Don't say things like "I'll never remember that" or "Can I call you X" remembering names that are different than your own can be a real challenge, but you can do it! If you don't think you have it right, you can smile and say "I really want to say your name correctly, and I'm sorry I'm stumbling over it. Can you help me once again?"

God knows our names and loves us unconditionally. There is a connection between knowing names and showing love. Take a moment to remember the names of those in our congregation (of all ages!) and show God's love in a tangible way. You might even find it to be a spiritual practice.

LINK LOVE

Youth Group

Here are some fun, funny, inspirational, or thought-provoking links for you this month. (If you open this online there are hotlinks embedded, but links you can type in are just below in case the hotlinks don't work or you are receiving this on paper!)

- September 19th is "Talk Like a Pirate Day." At one point you could go to Krispy Kreme and get a free donut for going in and talking like a pirate. You could get a free dozen if you dressed like one. You know, we give out free donuts at church all the time; maybe on the 18th you should practice and come to worship as a pirate... <https://www.youtube.com/watch?v=ILGLUSz zuWU&feature=youtu.be>

- If you want to listen to pure excitement, take four minutes to listen to this kid getting ready to ride the school bus for the first time. <https://www.thisamericanlife.org/692/the-show-of-delights/act-two-23>

- The art museum in Baltimore, MD put up a new exhibit recently curated by the people who spend the most time with their art - the security guards. <https://www.npr.org/2022/02/23/1082350352/baltimore-museum-of-art-guarding-the-art>

- A beautiful reflection on growing deep, not wide that was planted and germinated during the pandemic. <https://comment.org/grow-deep-not-wide/>

- Louisiana Just Recovery Network formed in the wake of Hurricane Ida. Here one of the co-founders, Michael Esealuka, talks about his experience and the impetus for the formation of this group. <https://southerlymag.org/2022/02/22/how-we-make-hurricane-recovery-more-equitable/>

- What do you do when a hurricane is coming and you have to keep feeding your baby? This New Orleans based collective is helping Louisiana figure it out. <https://bit.ly/3AbuTKO>

- This couple has been married for 91 years. That's not a typo. <https://www.youtube.com/watch?v=WCUBFLsxW-k>

This year we are going to try having one big youth group (6th-12th grade) that will meet the 1st, 2nd, and 3rd Sundays of each month. (We may even meet some 5th Sundays for extra fun, shhhh...) Much of the time we will meet on Sunday afternoon from 4:30-6pm, but that doesn't always work...take August, for instance.

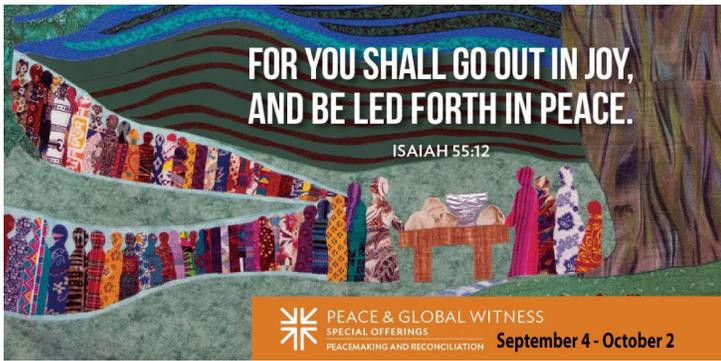
August Highlights: We got started on the 14th with a great group! We met right after church to take part in the fish fry. We sat outside and shared some of our hobbies (and possibly started forming a corporation?) then played a group puzzle/memory game. It was a great way to get things underway. On the 21st we had a pool party and celebrated birthdays for those who turn/ed another year older in July and August. Gluten free brownies for everyone!

September Schedule:

4	Labor Day Weekend - NO YOUTH
9-10	Lock-In (no youth group on Sunday) - 8pm to 8am
10	LSU vs. Southern - High School Youth Parking
17	LSU vs. MS State - High School Youth Parking
18	UPC Courtyard, 4:30-6pm
24	LSU vs. New Mexico - High School Youth Parking
25	4th Sunday, no youth

It is never too late to join in with youth group. You're always welcome!





The Peace & Global Witness Offering

The Peace & Global Witness Offering will be collected on World Communion Sunday, which will be celebrated this year on **October 2**. The funds from this Offering enable the church to promote the Peace of Christ by addressing systems of conflict and injustice across the world; too many people live in situations that are both unsettled and unjust. Through missions, work projects, and education, we witness to the peace of Christ for those at home and abroad as they face some of the greatest challenges of our time.

When we look beyond the walls of our church, beyond the boundaries of our community — even beyond the borders of our nation, there is much to see, much to talk about and think about. Individual congregations are encouraged to utilize up to 25% of this Offering to engage in local peacemaking and reconciliation ministries that they are most passionate about. Mid councils retain an additional 25% for ministries of peace and reconciliation. The remaining 50% is used by the Presbyterian Mission Agency to advocate for peace and justice in cultures of violence, including our own, through collaborative projects of education and Christian witness. You can learn more about the global ministries supported by this Offering on the PCUSA website (pcusa.org) under Peace and Global Witness Offering.

Our goal for this year's Peace and Global Witness Offering is at least \$1000, which would greatly exceed the \$160 collected in 2021. As always, we encourage your suggestions as we prayerfully discern which local ministry we will support this year. Remember, the Peace and Global Witness Offering will be collected on **October 2**; however, Online giving is available at any time through (1) the GIVE tab on our website at www.upcbr.org (2) the Realm mobile app, (3) your REALM profile in the Realm website at www.onrealm.org, or (4) by texting "UPC BR [number of dollars]" to 73256. Be sure to specify that your gift is for the Peace and Global Witness Offering.

IDENTIFIED GIVING STATUS 2022

(as of 8/24/2022)

Received Pledged giving: \$374,661

(67.3% of \$556,298 pledged)

Received Unpledged giving \$15,290

TOTAL GIVING RECEIVED: \$389,951

Thank you for your generous contribution!

Your support of UPC and its missions is greatly appreciated.

It's never too late to make a pledge!

Contact the office for more information.

Have YOU ever donated blood?

I'm not asking the regular UPC blood donors. They know how much they are appreciated. But what about the rest of you? Why don't you give blood?

- **Because I don't like needles?** Of course you don't, but the good that your donation does makes it all worthwhile. And most donors feel only an initial pinch.
- **Because I don't have time?** Donations take less than half an hour, and the blood mobile will come to church to make it even easier for you.
- **I'm afraid I'll get a disease, or will feel weak?** Donating blood is very safe. A new sterile needle is used for each donor, and is then discarded. During the donation process you will be checked to ensure you are healthy enough to donate.
- **I don't have blood to spare?** Donors give just one pint, and your body has 10-12 pints. Your body will replace the donated volume very quickly.
- **What good does it do?** Every two seconds, someone in this country needs blood. It could be a premature baby, or someone undergoing chemotherapy, or someone who has had an accident or is in surgery. Every type of blood is needed. Each donation can help up to three patients.
- **Other people are donating enough?** Fewer than 5% of those eligible to donate blood actually do so. Blood is perishable, and can only be stored for 42 days. Platelets, used for cancer and burn patients, are only kept for 7 days.
- **No one ever asked me?** We are asking you now. UPC sponsors two blood drives each year.

Sign-up to donate on Sunday, September 18, 8:30-12:30 by contacting Beth Paskoff, bpaskoff@lsu.edu.

Looking Ahead

Pancake Breakfast - October 16

Pledge Dedication Sunday - October 23

Halloween Trick or Treat Event - October 30

Church Picnic & Kickball - November 13

Day School Thanksgiving Feast - November 17

Guatemala Craft Fair/Potluck - December 4

**OCTOBER
CONTACT
DEADLINE
SEPTEMBER 19**



Presbyterian Women

Join our Facebook group PW of UPC, Baton Rouge

<https://www.facebook.com/groups/340272321019732>

*Presbyterian Women (PW) at UPC
has expanded beyond women only
to include ALL!*

CIRCLE MEETINGS X 2!

There will be 2 options for PW Gathering and Study this year. Option one will be on the first Tuesday at 9:30 a.m. in the Parks Wilson Room. (9:30 a.m. is for the September meeting ONLY! After that, the meeting time will be the typical 10:00 a.m.) This group will do Bible Study and the usual fellowship and conversation as well as other PW mission focuses.

•PW will meet Tuesday, September 6, 9:30 a.m. in Parks Wilson Room.

The second option will be on first Wednesdays(except in September) at 10:00 a.m. at Peggy Carroll's, 1545 Patrick Dr. This group will be a slower paced Bible Study as well as the usual fellowship and conversation.

•PW will meet Wednesday, September 13, at 10:00 a.m. at Peggy Carroll's, 1545 Patrick Dr.

Both groups will study "Celebrating Sabbath".

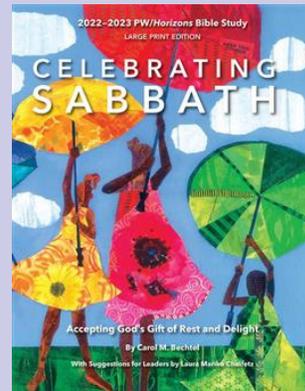


PARKING VOLUNTEERS NEEDED

Once again UPC will open its parking lot for LSU Football Game parking. For several years we have provided this service which doubles as a fund raising event with proceeds going to support youth, education, and mission projects. The home game schedule is:

September	10	Southern
	17	Mississippi State
	24	NM Lobos
October	8	Tennessee
	22	Ole Miss
November	5	Alabama
	19	UAB

Game times are subject to change due to television. Typically, volunteers arrive four or five hours before game time and are done an hour before kickoff. We are also looking for Rotating Team Leaders on a game to game basis. The Team Leader would be in charge of getting the building keys, supervising the money counting, and locking the building once we're done. Randy will still send out the e-mail to get the volunteers. Please contact Randy Nichols at rnichols@homelessinbr.org or text (225)241-6374 if you are willing to b volunteer.



Bible Study 2022-2023

Celebrating Sabbath

In the nine lessons of this Bible study—with passages from Genesis, Exodus, Deuteronomy, Isaiah, Matthew, Luke, and Acts—we'll consider Sabbath

- as a celebration, not a day of dreary formality
- as God's intent for all of creation and that includes busy women too
- as one day of the week, perhaps a Sunday
- as a time to surrender unhealthy striving and frantic busyness, and instead trust God will provide
- as a reminder that life is precious and working too much is against God's plans for our precious lives
- as a day devoted to community and justice and not exclusively to self-care

Ultimately, Sabbath reminds us to honor God who honors us by giving us a day each week to reset our pace, our priorities, and our lives.



Sonia Feres-Lloyd (violin) and Maira Braga Cabral (piano) gave an amazing performance at their recital held at UPC on August 12.

THANKS TO ALL WHO ATTENDED!

Prayer Requests

To add a name, remove a name, or update information on our prayer list, please contact the church office by noon on Wednesday at cdurham@upcbr.org.

**Lois Liggett • Gary Meise • Ruth Bivins • Tabitha Lewis
Melanie Driscoll • Alan Williams • Kathy Poché • Ava Haymon
Our Cuba Partners • Kathy Rossman • Jeanette Hanifen • Fay Coco**

- **Dina Courrege**, friend of Cindy Rice, battling Lymphoplasmacytic lymphoma
- **Betty Armstrong**, in Houston awaiting a bone marrow match
- **Gerard Klein**, got good test results and does not need further treatment at this time.
- **Nan Patt**, recovering at home from hip surgery
- **Craig Fisher**, Anita Melon's brother in law, diagnosed with Lewy-Body dementia
- **Ethyl Felder's** (Asst. Day School Director) **father**, who is in the hospital with pneumonia
- **Eric Harrington and family**, friends of Lorinda Sealey, on the death of his beloved wife Michelle Crump Harrington
- **Rudy Bumgardner**, daughter of Mary Wardlaw, recovering from surgery
- **Eric**, friend of Suzanne Trahan, recovering at home after receiving a donor kidney and for the family of the donor
- **Jazmon**, friend of the Trahan family, continuing problems with additional brain tumor
- **Ruth Mitchell**, twin sister of Mary Wardlaw, is recovering slowly at home
- **Dennis Dimitri**, brother-in-law of Doug Walker, undergoing treatment for lung cancer
- **Dorothy Mehalick**, mother of Beth Paskoff, in hospice care at home
- **Cheryl Whitting**, with stage 4 kidney disease and on the transplant list
- **John Earle**, in Ohio with family while undergoing treatments for lung cancer
- **Lois Warner**, mother of Tom, recovering from a broken ankle
- **Mickey Rose Braud Zaitoon**, wife of Samear, who is in declining health
- **Sadie Landry**, mother of Dale Landry, undergoing chemotherapy and radiation
- **Helen Dinkel**, Peggy Carroll's sister, who is in hospice
- **Jan Manno**, friend of Tavia Crumpler and Darla O'Connor, with aggressive endometrial cancer
- **Margaret Boyle**, sister of Christine Kooi, with early-stage Alzheimer's disease
- **Lee Wirth**, brother of Karen Paterson with recurring cancer
- **Marla Kerr-Lawson**, Kelly Kerr's sister, undergoing treatment for a bone infection
- **Jordan Amirkhani**, granddaughter of Amybeth and Wes Mainord
- **Jean Roberts**, Samantha Hartmann's aunt, with stage 4 ovarian and colon cancer
- **The Dominguez family**, friends of Kathy Rossman, who are going through difficult times
- **Bae Landry**, father-in-law of Janet Whyde, with cancer
- **Judith Gooch**, friend of Pat Ho, and her daughter Jennifer and granddaughter Evelyn
- **Misha Gottesman**, two-year-old nephew of Peggy Carroll, with leukemia
- **RJ LeBlanc**, father of Kathie Pohlman's 'Bonus Daughter,' Nikki, with lung cancer
- **Kaley Hall**, ten year old niece of John Grubb, undergoing chemotherapy
- **Joellen Hawkins**, Aunt of Emily Cogburn, with Alzheimer's
- **The people of Ukraine and all those suffering from war**
- **All families affected by Huntington's Disease**
- **All hospice patients and their families**
- **All those who suffer with mental illness and emotional disorders**
- **Those who are affected by alcoholism and addiction**
- **Men and women serving in the armed forces**
- **Those who are going through separation or divorce**
- **Those who are affected by domestic violence**

BLESSING BOX

While the heat is on in South Louisiana our Blessing Box of canned goods will become a Blessing Box of feminine hygiene products and COVID necessities (masks, hand sanitizer, clorox wipes). Just bring your donations and place them directly in the box at the edge of the parking lot. Please do not leave supplies in the hallway outside the church office. Thanks for stepping up to help our neighbors!

Stay Connected!



Facebook Instagram

See us Sundays on Facebook for a live broadcast of our worship service!

www.facebook.com/universitypresbyterian
<https://www.instagram.com/universitypresbr/>



Please remember that the parking spaces in front of the education building and behind the Parks Wilson Room are for persons who are handicapped. If you are dropping something off, please do so quickly; then move your vehicle so those who need the space can park.

5 WAYS TO GIVE



IN PERSON

Drop your gift into the offering plate on Sunday



MAIL

Mail your gift to:
University Presbyterian Church
3240 Dalrymple Drive
Baton Rouge, LA 70802



ONLINE

Give online at:
<https://onrealm.org/UniversityPresb15909/give/now>
or through your REALM portal under GIVING/+GIVE



MOBLIE APP

Realm Connect is available for download at iTunes and Google Play (uses your onrealm login)

UPCBR 75

TEXT

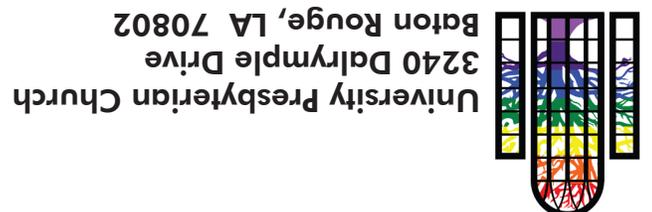
Text UPCBR and your amount to 73256 (as shown above)

September Birthdays

- | | | | |
|---|--|-------------------------------------|--|
| 1 Charlotte New
Tyler Rice | 9 Hannah Samson | 22 Edward Peterson
Nora Williams | 29 Alexander Campbell
Ed Green |
| 2 Andreas Giger
Christine Kooi | 10 John Tyler | 23 Tabitha Lewis | 30 Laina Fontenot
Jaclyn Walker Herringshaw
Terry Iyasere
Johanna Stadler |
| 3 Mary Mikell | 13 Julie Launey
Amanda Richey
Timothy Wright | 24 Suzie Hand | |
| 4 Deborah Abernathy
Simon Lewis
Chet Pilley
Eva Thompson | 15 Molly Kennedy | 25 Allison ElKoubi | |
| | 16 Beth Paskoff | 26 John Richardson | |
| | 18 Owen Meier | 27 Mary Wardlaw | |
| 7 Owen Dietz
Elia Sorenson
Pam Wright | 20 Rick Pitcher | 28 Anne Maverick
Susan Ourso | |

****Please remember to contact the church office if your contact information changes.****

Mission Statement
 In response to God's grace,
 University Presbyterian
 Church of Baton Rouge
 seeks creatively – through
 nurture, education, worship
 and community outreach
 – to sustain an inclusive,
 compassionate family of
 faith; it seeks to promote
 spiritual growth by
 awakening souls to God's
 infinite mercy embodied in
 the reconciling love of Christ.
 --Adopted by the Session
 December 1995



Change Service Requested