

University Presbyterian Church Newsletter for church members and friends

November 2021

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True confessions, Thanksgiving is my favorite holiday. Maybe it is supposed to be Christmas or Easter, and I like those too - don't get me wrong - but I love Thanksgiving, even though it's complicated (more on that in a minute). Here's why:

No presents, no candy, and really a fairly low standard for decorations.

This is precisely why one of my family members thinks Thanksgiving is "fine," but for me it is clutch. The amount of preparation I have to do is dramatically reduced for this holiday, so I can just enjoy the time with my people.

It's time set aside with my larger family.

We won't get to go this year, but my mom's side of the family basically uses Thanksgiving as a big family reunion. And I mean big. My grandfather was one of ten, and they all had at least 4 kids, and we're two generations past that now, so we're generally eating turkey (ham, barbecue, all the things) with about 100+ people.

I don't have to work on the holiday day, or even the day right before it.

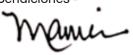
This is not to be underestimated. Christmas and Easter are great, but there's a little extra going on in my work life at that time. MLK, Memorial, Labor, and Veterans Day - I'm glad they exist! And, they don't change my weekend responsibilities.

I am heartened by a holiday that can revolve around giving thanks.

First some important truth - Thanksgiving has a problematic mythology that ignores the real pain and violence of colonialism, and we should not celebrate that. We also should not ignore it and pretend that we haven't told a harmful origin story for hundreds of years. But, if we can be honest about our past then we might be able to move forward with the focus on gratitude that has emerged over time.

Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships. It is what animates us to give of our time, talents, and treasure. Practicing gratitude is a bit like smiling even when you don't want to. Darn if it doesn't make you feel a little better. Gratitude doesn't ignore difficulty; it accounts for it, but it draws a bigger frame. Which, I think, is how we need to deal with holiday itself - account for the harm, and also draw a bigger frame. Inside the Contact you'll find a gratitude calendar. Tear/Print it out and put it on your fridge or mirror, or talk about at dinner, as a reminder to consider what you're grateful for. I, for one, an deeply grateful for you.

Bendiciones



November ...

Meetings times/locations are subject to change.

Please check with your group leader for confirmation and information on how to log into Zoom meetings.

2	8:30 a.m.	Nurture Committee - Conference Room					
	10:00 a.m.	Day Circle - Parks Wilson Room					
	5:00 p.m.	"Jesus on Main Street" Small Group - 2171 Cherokee					
	7:00 p.m.	UPC Book Group - TBA					
3	10:00 a.m.	Day Circle II - 1545 Patrick Drive					
	7:00 p.m.	Choir Rehearsal - Choir Room					
4	11:00 a.m.	"Soul Feast" Small Group - Parks Wilson Room					
	1:00 p.m.	"Visio Divina" Small Group - Zoom					
	7:30 p.m.	New Orleans Gay Men's Chorus Rehearsal - Sanctuary					
6	TBA	Stated Presbytery of South Louisiana Meeting - Zoom					
7	24th Sunday after Pentecost						
		Pledge Dedication Sunday, Daylight Savings Time Ends					
	9:45 a.m.	"Feasting on the Word" Bible Study - Conference Room & Zoom					
	9:45 a.m.	"Our Polarized Society" Parks Wilson Class - Zoom only					
	10:30 a.m.	Choir Rehearsal - Choir Room					
	11:00 a.m.	Worship - Sanctuary & Facebook (Live)					
	4:30 p.m.	High School Youth Group - Courtyard					
8	7:00 p.m.	Huntington's Disease Support Group - Parks Wilson Room					
9	9:30 a.m.	Staff Meeting					
Ŭ	5:00 p.m.	"Jesus on Main Street" Small Group - 2171 Cherokee					
	5:30 p.m.	Worship Committee - Zoom					
	7:00 p.m.	Mission & Peacemaking Committee - Zoom					
10	12:30 p.m.	Technology Committee - TBA					
	5:00 p.m.	Property Committee - Zoom					
	7:00 p.m.	Choir Rehearsal - Choir Room					
11	11:00 a.m.	"Soul Feast" Small Group - Parks Wilson Room					
	1:00 p.m.	"Visio Divina" Small Group - Zoom					
	7:30 p.m.	New Orleans Gay Men's Chorus Rehearsal - Sanctuary					
13	TBA	LSU vs. Arkansas @ LSU (PARKING)					
		y after Pentecost					
	9:45 a.m.	"Feasting on the Word" Bible Study - Conference Room & Zoom					
	9:45 a.m.	"Our Polarized Society" Parks Wilson Class - Format TBA					
	10:30 a.m.	Choir Rehearsal - Choir Room					
	11:00 a.m.	Worship - Sanctuary & Facebook (Live)					
	4:30 p.m.	High School & Middle School Youth Group - Courtyard					
16	9:30 a.m.	Staff Meeting					
10	5:00 p.m.	"Jesus on Main Street" Small Group - 2171 Cherokee					
	•	Fellowship Committee - Zoom					
17	6:30 p.m.	Personnel & Administration Committee - Zoom					
17	5:00 p.m.						
	6:30 p.m.	Day School Committee - Zoom					
40	7:00 p.m.	Choir Rehearsal - Choir Room					
18	11:00 a.m.	"Soul Feast" Small Group - Parks Wilson Room					
	1:00 p.m.	"Visio Divina" Small Group - Zoom					
00	7:30 p.m.	New Orleans Gay Men's Chorus Rehearsal - Sanctuary					
20	TBA	LSU vs. ULM @ LSU (PARKING)					
21	Christ the King/Reign of Christ						
	9:45 a.m.	"Feasting on the Word" Bible Study - Conference Room & Zoom					
	9:45 a.m.	"Our Polarized Society" Parks Wilson Class - Format TBA					
	10:30 a.m.	Choir Rehearsal - Choir Room					

Worship - Sanctuary & Facebook (Live)

Middle School Youth Group - UPC Courtyard

Stewardship & Finance Committee - Conference Room

Children's Faith Formation Adventure - UPC Courtyard

11:00 a.m.

12:30 p.m.

2:00 p.m.

4:30 p.m.

Office Notes

Church Calendar

In order to prevent conflicts, please check with the church office for availability before scheduling an event.

Office Notes

- Caralyn will be on vacation November 1-5. Volunteers will be in the office Monday Thursday, 8:30-3:30.
- Patti will be away November 12-14 to an out of town wedding and the afternoon of November 21- 28 for her mother's memorial service and the Thanksgiving holiday.
- The Church Office and Day School will be closed November 25-26 for the Thanksgiving holiday.



Don't forget to set your clocks back on November 7

The University Presbyterian Church CONTACT is produced monthly. Articles may be submitted via email to cdurham@upcbr.org or turned in to the church office no later than the 20th of each month. To be added to or removed from the mailing or email list, please contact the church office.

UNIVERSITY PRESBYTERIAN CHURCH 3240 Dalrymple Drive Baton Rouge, LA 70802 (225)383-0345 (225)383-3495 Fax



The **UPC Book Club** meets the first Tuesday of every month at 6:30 p.m. For meeting location or link contact Susan Ourso at emmorgan@cox.net

Nov 2 The Book of Joy

by Desmond Tutu and

Dalai Lama

Dec 7 <u>The Thursday Murder Club</u>

by Richard Osman

Youth Group

October Highlights:

This month we had the chance to meet for the first time both separately and together! Conversations about how we want to treat one another and about forming ourselves as a community came through the context of the way God helped shape the Hebrew people in the wilderness with the Ten Commandments. Oh, and we made a playlist of songs that remind us of family. What's a song that reminds you of your family?

We also got to join the Fellowship Committee to help with the Halloween Extravaganza. Pumpkin painting, corn hole, and trick-or-treating...we were all in!

November Preview:

This month Pat Ho and Beth Paskoff are going to lead us in making meals for the Baton Rouge Community refrigerator. You can follow the needs there if you are on Instagram - @brcommunityfridge. We'll also talk about stewardship, prepare for Advent, and who knows what else!



November...

23 9:30 a.m. Staff Meeting - Zoom

25 Thanksgiving Day (Church Office & Day School Closed through 11/26)

27 TBA LSU vs. Texas A&M @ LSU (PARKING)

28 1st Sunday of Advent

9:45 a.m. "Feasting on the Word" Bible Study - Conference Room & Zoom

10:30 a.m. Choir Rehearsal - Choir Room

11:00 a.m. Worship - Sanctuary & Facebook (*Live*)

30 9:30 a.m. Staff Meeting

Session Notes

At its stated meeting on October 24th the session voted to approve recommendations by the COVID-19 task force concerning Hospitality Hall and choir, following the reopening/closing triggers established for the church.

For Hospitality Hall,

- All attendees must be vaccinated. Proof of vaccination may be provided by the
 host group. If there is no host group or host group does not have its own vaccination mandate, all guests will need to provide copies of vaccination cards with the
 paperwork for HH.
- · People must be masked in common areas.
- People will enter and leave through keypad door in the laundry room
- Laundry and attached shower can be used only at night and must be cleaned daily in preparation for Day School Use. Instructions for cleaning will be posted in the room.
- People may go maskless upstairs and in the PW room and "living room" off that room, as they choose.
- For now, only work groups that will be away for the majority of the day during day school hours will be allowed.

For choir,

- All members of the choir may attend practice, masked and within 3 feet. All members of the choir are vaccinated.
- Up to 12 choir members can be in the balcony on any given Sunday. (Music director David Walters to determine logistics.)
- No congregational singing. One milestone needed prior to reconsideration of this is the vaccination of children (5-12).

Also, this will be my last month as Stated Clerk. Jerry Trahan will be my more-thancapable successor. I'll be helping Jerry transition into the job over the next little while. It has been an honor and a pleasure serving the session and the congregation over the last four years!

Jeff Perry

IDENTIFIED GIVING STATUS 2021 (as of 10/27/2021)

Received Pledged giving: \$404,616 Received Unpledged giving \$30,526 TOTAL GIVING RECEIVED: \$435,142

Annual Campaign 2022 is HERE... are you GOING ALL IN? Thank you for your prayerful consideration and donation.

Stewardship & Finance

ARE YOU COING ALL IN?

In October we provided information about the wide areas of support that stewardship covers. We are very aware of your generosity. And we are aware that your time and talents are a valued part of the life of the church. However, financial support that can be budgeted for essential services and benevolences is a necessity. That's where pledging comes in.

Why do UPC members pledge? Here are answers from some of them:

- Because I feel that I am part of the UPC family.
- Because UPC is so welcoming to everyone.
- Because I prefer order to chaos. Regularity promotes calmness for me and for the administration of UPC.
- Because I cannot imagine worshipping any place else.
- Because I believe in the mission of the UPC body of believers, and it is important to give back in support of that mission.
- Because of our thoughtful, inspiring, compassionate co-pastors.
- Because I want to support a church whose messages and programming are very important to me. I also consider UPC to be an important force for good in our community, and I want to be sure that it has the resources to do this work and have an impact to make our community a better place for all.
- Because we have children and youth in the congregation and want them to learn about what being a Christian today means.
- Because everything I have comes from God, I am returning a portion of it to help with God's work on earth. Along with my time and talents, my financial support works to that end.

By this time, you should have received your packet with a pledge card for 2022 and additional information on how your pledges are used. Please consider your gifts prayerfully and return your pledge card soon. **Celebration Sunday is November 7**, when our pledges will be dedicated.

Stewardship has been described as everything we do from the moment we confess Jesus Christ as Lord (Robert Bohl, *Presbyterians Today*). Bohl states that when we discover this fact, we also discover the joy of giving. May your giving bring you joy.



We're inviting the choir and anyone interested in choir back to Wednesday rehearsals and Sunday services! We'll be managing the numbers as we go, but everyone is singing masked, we maintain distance, and everyone attending is vaccinated. This is a great way to participate in worship and an awesome group of people with whom to sing! Join us!

Any questions? Email Choir Director, David Walters at dwalters@upcbr.org

L8NK LOVE

Some fun, funny, inspirational, or thought-provoking links for you this month.

- Remember Zaila Avant-Garde, age 13, from New Orleans? She won the Scripps Spelling Bee AND holds several world records. You can see some of her sweet basketball skills in a video in this article. https://bit.ly/3kL31ov
- Jolene, by Dolly Parton, sung by Lil Nas X. It's possible you'll hear the song in a new way, or maybe it's the way you always heard or wanted to hear it. https://m.youtube.com/watch?v=RWjnC8HSRdU
- Ironically, a beautiful prose story from a poetry magazine about the poet's life together with his wife. Which was the "best year" of their lives? The one they remembered least. https://www.poetryfoundation.org/poetrymagazine/articles/60484/the-third-thing
- •In Louisiana it can cost \$3.75 to make a 15-minute phone call, but in Arkansas it could be \$24.82. Staying connected improves outcomes after incarceration. You can read about some efforts to make that easier (read: cheaper). https://www.bloomberg.com/news/articles/2021-09-08/nonprofit-aimsto-disrupt-pricey-prison-telecom-industry?srnd=citylab
- A TikTok video of a reunion between a veteran and the girl who wrote him a letter of thanks 12 years before. Warning: video may cause eyes to leak. (You do not need to know anything about TikTok to click and watch.) https://bit.ly/3AnDmYk
- Human hair is being used to help clean up oil spills. Is your salon part of the effort? Maybe you could ask... https://bit.ly/3C10KM5

IN MEMORIAM

Bettye Burford who died on October 25, 2021

Joyce Poché who died on October 27, 2021

Movember 2021

thankful for in the space provided or use it as a prompt for a longer reflection. Take some time for gratitude every day in November! Write what you're

SATURDAY	6 A family member 1 am thankful for is	13 A book I am thankful for is	20 A moment from today I am thankful for is	27 A taste or food I am thankful for is	4
FRIDAY	5 A goal I am thankful for is	12 A sound I am thankful for is	19 A time of day I am thankful for is	26 A moment from yesterday I am thankful for is	2
THURSDAY	4 A thing in nature I am thankful for is	11 A mystery I am thankful for is	18 A treasure I am thankful for is	25 A tradition I am thankful for is	7
WEDNESDAY	3 A friend I am thankful for is	10 A song I am thankful for is	17 A smell I am thankful for is	24 A life lesson I am thankful for is	1
TUESDAY	2 A memory I am thankful for is	9 A place I am thankful for is	16 A gift I am thankful for is	23 A movie I am thankful for is	30 A dream I am thankful for is
MONDAY	1 A color I am thankful for is	8 A possession I am thankful for is	15 A teacher I am thankful for is	22 An act of kindness I am thankful for is	29 An article of clothing I am thankful for is
SUNDAY	31	7 A freedom I am thankful for is	14 A promise I am thankful for is	21 A challenge I am thankful for is	28 A piece of advice I am thankful for is

Faith Formation

ADULT CHURCH SCHOOL 9:45 - 10:45 a.m. Sundays

1. Feasting on the Word - Adult Bible Study

Group led bible study centering on the lectionary texts for each Sunday. In person and on zoom: https://us02web.zoom.us/j/81701086436?pwd=Y255a0dwK0NkSVhseEhzaWVwMWRFdz09 Meeting ID: 817 0108 6436 Passcode: 369663

2. Parks Wilson Class

"Our Polarized Society" November 7-21

This class will explore the political divisions that divided US society over the past few years. On Nov. 7 we will have a Zoom class featuring Uma Sumeros from Braver Angels, an organization that promotes dialogue between people of different political persuasions. On Nov. 14 we will host Senator Bill Cassidy to hear about his perspective on political polarization, and on Nov. 21 our guest will be Prof. Michael Henderson of the LSU Political Science department, who will share his insights into the current state of the country's political polarization. The Zoom link for this class is https://lsu.zoom.us/j/2765203639 The format for classes on the 14th and 21st will be announced at a later date.

Fall Small Groups

Held on various days, at diverse times, and in a variety of locals (all either virtual or outside at this time) UPC's small groups for adults will begin this week.

Soul Feast

Thursdays at 11:00 a.m. Parks Wilson Room (ongoing) Readings from various writers in spirituality. The group reads essays, books, and poems from a wide variety of authors.

Visio Divina

Thursdays at 1:00 - 2:30 p.m. Zoom

This group engages together in contemplative reading of scripture texts and sharing reflection and our own artistic responses to text related pieces of art. We will be using a series of images from A Sanctified Art paired with biblical texts about Old Testament characters to ignite our time together. Curious? Join us and see if this group is for you! https://us02web.zoom.us/j/87918082267?pwd=a1M4OUgzellOTW52UU43QW8xMUdMQT09 Meeting ID: 879 1808 2267 Passcode: 325964

Jesus on Main Street

Tuesdays at 5:00 p.m. at 2171 Cherokee St. on the back deck Martin Luther King, Jr. once reflected that "budgets are moral documents." Few would argue, but teasing the morality out of a budget is undoubtedly controversial. UPC – never shy about controversy – jumps into issues of economic justice in a new small group this fall. David Kresta's book Jesus on Main Street: Good News Through Community Economic Development, will provide background and serve as a jumping off point for the discussion. Group meetings will begin with a summary of a section of Kresta's book (a nice way of saying participants aren't required to buy or read the book in order to participate) and proceed to an open discussion. Randy Nichols will be the facilitator. If you are interested, contact Randy at rknichols@homelessinbr.org or 225-241-6374.

Wonder

It's easy to read a Bible passage and *think* we know what it means, but when we are willing to look at it with new eyes, when we wonder aloud about it, the old stories become new again. Asking "I wonder" questions can lead us to new places. Questions like:

- I wonder what the main character was feeling...
- I wonder what it was like to be there...
- I wonder what my senses would notice in that place...
 What would I see? What would I hear?

Faith Practice Spotlight: Look at something in a new way. Looking at something in a new way is a great way to stretch your spiritual imagination. Maybe you'll look at a bug's wing under a microscope or study something up close you've never really noticed before. Learn about how bees or ants work together in community and wonder with your family what it means.

Wonder Links:

- The <u>I Wonder</u> Bible by Glenys Nellist (forthcoming!)
- I Wonder: Engaging A Child's Curiosity about the Bible: Elizabeth Caldwell
- Read Wonder Listen by Laura Alary
- <u>Celebrate Wonder Bible Storybook</u> by Brittany Sky
- <u>Microscope Slide Collection</u> to see something old in a new way!





Presbyterian Women

Join our Facebook group PW of UPC, Baton Rouge

https://www.facebook.com/groups/340272321019732

PW at UPC has expanded beyond women only to include ALL!

2 CIRCLE MEETINGS IN NOVEMBER to choose from

Tuesday, November 2nd at 10:00 a.m. the PW Circle will meet in person in the Parks Wilson Room. It will be so wonderful to get to meet in person! We will study Lesson 2 of "What My Grandmothers Taught Me, learning from the Women in Matthew's genealogy of Jesus." Masks will be required.

Wednesday, November 3rd at 10:00 a.m. the PW Circle II that meets on Peggy Carroll's carport will meet and study Lesson 1 of "What My Grandmothers Taught Me, learning from the Women in Matthew's genealogy of Jesus." Peggy's address is 1545 Patrick Drive. If you plan to attend, please call Peggy at (225)726-7856 so that there will be a chair for you.

The Presbyterian Women's Thank Offering will be collected in November. Contributions may be placed in the offering plate or online by going to https://onrealm.org/UniversityPresb15909/-/form/give/now



2021 Thank Offering OF PRESBYTERIAN WOMEN

n 1888, when Eliza Clokey of Springfield, Ohio, urged each woman to give one dollar over and above her usual contribution to the Women's General Missionary Society of the United Presbyterian Church of North America as a "thank offering to her Lord," women responded, and the Thank Offering was born. Women gave sacrificially and were credited with saving the worldwide missionary movement of the church at that time. Over the last 33 years, Presbyterian Women has granted nearly \$27 million to more than 1,600 different projects at home and around the world through the PW Thank Offering.

Grant Recipients

National

SYNOD OF ALASKA-NORTHWEST

Presbytery of Olympia Hagar's Community Church Tacoma, WA \$50,000 hagarscommunitychurch.com

SYNOD OF LIVING WATERS

Holston Presbytery Holston Presbytery Camp and Retreat Center, Inc. Nature Preschool Banner Elk, NC \$10,000 holstoncenter.org

SYNOD OF MID-ATLANTIC

Presbytery of Charlotte Cooperative Christian Ministries Operation Desert Drop Concord, NC cooperativeministry.com

Salem Presbytery Springwood Presbyterian Church Kitchen Renovation Whitsett, NC \$50,000 springwoodchurch.org

SYNOD OF SOUTH ATLANTIC

Presbytery of Central Florida Habitat for Humanity Homeownership Mentoring Orlando, FL habitatorlandoosceola.org

Presbytery of Greater Atlanta Hope Harbor Ministries Appliances for New Hope Harbor Facility Warm Springs, GA \$20,000 hopeharborga.org

Foothills Presbytery Cancer Association of Anderson Cancer Patient Vehicle and Driver Anderson, SC \$42,360 cancerassociation and erson, or q

SYNOD OF THE SOUTHWEST

Presbytery de Cristo Frontera de Cristo Enhancing Skills of At-Risk Children and Parenting Skills of Adults Douglas, AZ, U.S.A., and Agua Prieta, Sonora, Mexico \$27,000 fronteradecristo.org

SYNOD OF THE SUN

Presbytery of South Louisiana Child Advocacy Services Calming Corner and Sensory Center Hammond, LA \$7,350 childadv.net

International

Synod of the Covenant Presbytery of Lake Michigan First Presbyterian Church of Grand Haven Sunday School and Day Care Center for Kojnonia Ministrie Orange Walk, Belize \$15,600 fpgh.org

GUATEMALA

Synod of Alaska-Northwest Presbytery of the Inland Northwest Puerta Abierta (Open Door) Libros Abiertos (Open Books) Santiago, Guatemala \$50,000 atitlanabierta.com

ZAMBIA

Church of Central Africa Presbyterian -Synod of Zambia Chasefu Presbytery Chasefu Theological College Female Hostel Construction Chasefu, Zambia \$45,000 ccapzambia.org

Give through your PW group or online at www.presbyterianwomen.org/give. For additional information about the 2021 Thank Offering recipients, see the Summer issue of Horizons magazine, or go to www.presbyterianwomen.org/thank.

PWR21476



Advent starts November 28, 2021

When something hits close to home, it affects us deeply. During the Advent and Christmas season, we will journey through scriptures and rituals that are tender, heavy with emotion, and vulnerable. We carry the memories and truths of this season close to our hearts. Close to Home acknowledges the "already but not yet" tension of our faith: Emmanuel is with us, and yet. God's promised dayour everlasting home—is not fully realized. It names our deep longing for God to come close to us.

This Advent, may we be comforted by the One who dwells intimately with us. May we expand safety and sanctuary for everyone wandering far from home. May we come home— wherever home is found—to live fully with joy, hope, and courage.

Mission & Peacemaking

Cuba Partners Network

The PC(USA) Cuba Partners Network, after a very successful fund raising campaign, has sent a shipment of much-needed supplies to Cuba. This effort was led by Laura St Clare of St Charles Avenue Presbyterian Church. A number of our churches are members of the CPN. The shipping container was loaded on August 25 and departed from the Port of New Orleans on September 25, headed for Marial, Cuba and arrived October 9. The contents included:

14,000 lb rice 13,000 lb beans

800 lb coffee 6,000 lb powdered milk

1,000 lb soap 2,600 lb powdered laundry detergent

28,000 syringes

Kudos to those involved!

Support Opportunity for Afghan Refugees

Afghan refugees are being resettled in Baton Rouge by Catholic Charities. Rather than accepting and processing donated goods, Catholic Charities is requesting that home goods be purchased directly through their Amazon Smile list. You can find the list by typing "Amazon Smile charity lists" into Google and clicking on the first result. Once on the Amazon Smile list page, search for "Catholic Charities Baton Rouge" and click on their refugee resettlement list. When you purchase an item this way, it will be shipped to Catholic Charities and they will get it to a refugee. You will receive an email receipt from Amazon after your purchase. There is also a request for cell phones in good working condition. Please be on the lookout for more information on this request.











GAME DAY PARKING VOLUNTEERS NEEDED

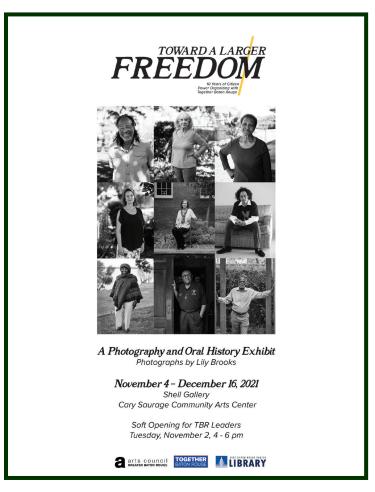
Game day parking is in full swing and we need your help! UPC will continue to offer parking as long as we can secure enough volunteers. If there are not enough volunteers on any given week, we will block the parking lot and put up "NO PARKING" signs. For several years we have provided this service, which doubles as a fund raising event with proceeds going to support youth, education, and mission projects. The home game schedule is:

November 13 Arkansas

20 ULM

28 Texas A&M

Game times are subject to change due to television. Typically, volunteers arrive four or five hours before game time and are done an hour before kickoff. Want to lend a hand and volunteer? Contact Randy Nichols at 225-241-6374 or rknichols@home-lessinbr.org.





5 WAYS TO GIVE





Mail your gift to: University Presbyterian Church 3240 Dalrymple Drive Baton Rouge, LA 70802



ONLINE

Give online at: https://onrealm.org/UniversityPresb15909/give/now or through your REALM portal under GIVING/+GIVE



MOBLIE APP

Realm Connect is available for download at lTunes and Google Play (uses your onrealm login) **UPCBR 75**

TEXT

Text UPCBR and your amount to 73256 (as shown above)

Prayer Requests

To add a name, remove a name, or update information on our prayer list, please contact the church office by noon on Wednesday at cdurham@upcbr.org.

Lois Liggett • Gary Meise • Ruth Bivins • Dean Kerr • Tabitha Lewis Gerard Klein • Melanie Driscoll • Alan Williams Our Cuba Partners • Kathy Rossman • Jeanette Hanifen • Fay Coco

- Amy Braymer, diagnosed with Metastatic Thyroid Cancer
- Gaby Perry, with great joy upon her marriage to Paul Choi
- Barbara Hoffman, with a sprained wrist and broken toe following a fall
- Peggy Carroll, upon the death of her nephew Denny from COVID
- Jim Hanifen and his family, upon the death of his father, James
- Carl Stoddard, brother of Linda Walker, evaluating neck pain options
- John Earle, as he spends a few weeks in Ollie Burden
- Dirk Ficca, friend of Mamie and Richard, who is in a very precarious health situation.
- Eucaris Carroll, with a broken ankle
- Scott Phillabaum, recovering from surgery on a broken arm after a bicycle accident
- Linda Clark, recovering from major oral surgery
- Peggy Carroll, recovering from a broken ankle
- Kathy Poché, recovering from surgery for a broken leg
- Jean Roberts, Samantha Hartmann's aunt, with stage 4 ovarian and colon cancer
- Jennifer Bravinder, recovering from breast cancer surgery
- Nancy Pensis, aunt of Linda Clark, making decisions regarding cancer treatment
- Jordan Sealey, nephew of Lorinda Sealey who is experiencing neurological symptoms of unknown origin
- Eric, friend of Lorinda Sealey, who is dealing with a cancer diagnosis in his family
- Carmen Rodriguez, friend of Cindy Tyler, with stage 4 colon cancer
- The **Dominguez family**, friends of Kathy Rossman, who are going through difficult times
- Linda Mathis, sister of Ron Garton, diagnosed with stage 4 pancreatic cancer
- Bae Landry, father-in-law of Janet Whyde, diagnosed with cancer
- Linda Clark's family who are going through difficult times
- Judith Gooch, friend of Pat Ho, and her daughter Jennifer and granddaughter Evelyn
- Misha Gottesman, two-year-old nephew of Peggy Carroll, with leukemia
- RJ LeBlanc, father of Kathie Pohlman's 'Bonus Daughter,' Nikki, with lung cancer
- Kaley Hall, ten year old niece of John Grubb, undergoing chemotherapy
- Anne Bender, friend of Pat Ho, undergoing cancer treatment
- Ginger Zipperer, friend of Darla O'Connor, with stage 4 lung cancer
- Marla Kerr-Lawson, Kelly Kerr's sister, undergoing chemotherapy
- Ralph Simone, friend of Darla O'Connor, undergoing treatment for bladder cancer
- Joellen Hawkins, Aunt of Emily Cogburn, with Alzheimer's
- All families affected by Huntington's Disease
- All hospice patients and their families
- All those who suffer with mental illness and emotional disorders
- Men and women serving in the armed forces
- Those who are going through separation or divorce
- Those who are affected by domestic violence
- Those who are affected by alcoholism and addiction
- All those who suffered loss in the wake of Hurricane Ida
- All those who have been diagnosed with COVID in our community, congregation, and among our Day School staff and families

Online Meditation Room

UPC has a virtual meditation room! This is a site you can go to whenever you want to immerse yourself in peace, calm, and focus.

How do I find it?

Click on https://docs.google. com/presentation/d/e/2PACX-1vS7Vno1cyHWSFsBZjcp3_Hdf-0M5ag4QsAgjVMMmBan4CC2Fl6U-IRN1vGhpJgFthVj18QPXiS1-zAREs/ pub?start=false&loop=false&a mp;delayms=3000&slide=id.p &slide=id.p

How do I use it?

Click on the different items to see what they do! You will find videos, coloring books, a labyrinth, online Bible apps, a chair yoga video, and instructions on candle gazing meditation. Almost every item in the room is clickable. Click around and enjoy the resources that have been pulled together for you!

Are there rules?

The beauty of an online meditation room is it is never closed or crowded, and there's never a dress code! Use as few or as many of the resources in the room as you like. The point is to help relieve stress and worry, not add to it.

Come back as often as you like. You're always welcome here!

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See us Sundays on Facebook for a live broadcast of our worship service!

www.facebook.com/universitypresbyterian https://www.instagram.com/universitypresbr/

November Birthdays

- Ian Lewis
- Thelma Berg 5

Stacie Bemis

- Jennifer Dietz **David Walters**
- Drew Trahan
- Cynthia Peterson
- 10 Eugene Berg

- 11 Cary Byrd Gus Rowland Ken Stubblebine
- 12 Jerry Trahan
- 13 Wright Kennedy Logan Wiedenfeld
- 16 Nicholas Knapp
- 17 Jack Perry
- 19 Gaines Foster Victoria Robertson

- 20 Tess Wiedenfeld
- 21 John Grubb
- 22 Lilly Bridwell-Bowles Sofia Savicki-Kelly Jalynn Terry
- 23 Candace Wright
- 25 Margot Pilley
- 27 Michelle Zerba

30 Tristyn Bemis Cindy Hartgerink Cheri Strain

--Adopted by the Session

the reconciling love of Christ. infinite mercy embodied in awakening souls to God's spiritual growth by faith; it seeks to promote compassionate family of - to sustain an inclusive, and community outreach nurture, education, worship seeks creatively – through Church of Baton Rouge University Presbyterian In response to God's grace, Mission Statement

December 1995

Change Service Requested

Baton Rouge, LA 70802 3240 Dalrymple Drive University Presbyterian Church

